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Cody Solburg

Wakulla County's Parks & Facility director works to make this a great place to live

By LINDA ANN McDONALD
 Correspondent

Cody Solburg is the Director of Facilities for Wakulla County. His love for the county he was born and raised in is evident in Solburg's outstanding ability to make Wakulla County a great place to live.

Parks and recreational areas are designated public spaces that provide opportunities for leisure, recreation, and relaxation, often featuring green spaces, trails, playgrounds, and sports facilities. These areas promote physical activity, mental well-being, and community interaction.

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- Create space for people to meet,

Turn to Page 7



Wakulla County Parks & Facility director Cody Solburg

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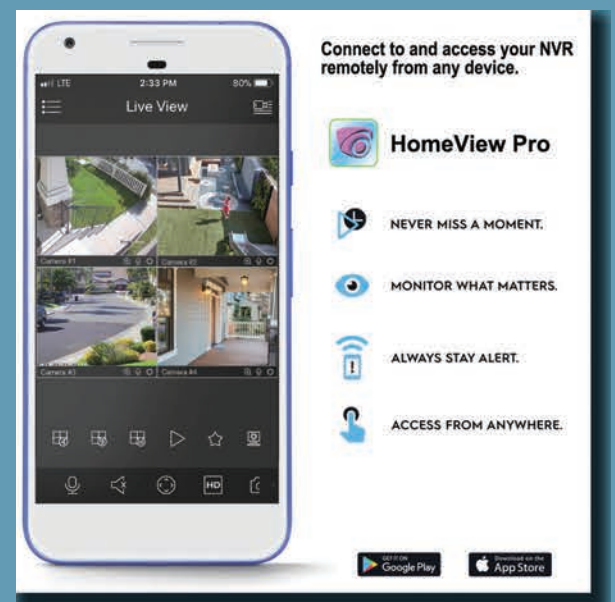
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HISTORY

Merchants and Planters Bank of Magnolia, Florida had its own printed money - notes. The first of these notes were printed in 1832 and were engraved by Rawdon, Wright, Hatch & Co. of New York with very intricate artwork of an Indian sitting, a female holding an American Eagle and Washington to the right.

Women have only been allowed to vote for just over 100 years, but the first who got to vote- their votes didn't count.

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Bla...
 Bla...Bla...Blah...
 Do you remember when cell phones first came out, it cost money for each phone call, each text, sending and receiving. It also cost to set up an email address on the internet. AOL was around \$19 per month for emails in the 1980s. Some people continued to pay for it after the free email services came out because (I)they didnt know...
 ALSO, when telephones first came out there were "party" lines. You shared your phone line with other people and had to wait for them to get off the phone to use your phone. This ended in the 1970s. However, the last party line was phased out in 1991.
 Yikes!

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MISS INFORMATION PAGE

Content contributors William Diekman

By Lynda Kinsey

- *There should be a refund of calories for those things that do not taste as expected.
- *Home is where the doghair sticks to everthing but the dog.
- *I dont think it is fair ROOSTERS are the only ones allowed to start the day screaming.
- *"Procaffinating" new word meaning-The tendency to not do anything until you have had your coffee.

"Voting is the foundation stone of political action".

- Martin Luther King Jr.

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Recipes

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 8 oz. wedge of Brie cheese
 Jar of your favorite jelly.
 I like to pick up a jar of homemade jelly from our local festivals for this one.
 Line a cookie sheet with parchment paper and line up your shells.
 Cut the Brie into one-inch pieces and add to the shell. Bake at 350 degrees around 12 minutes or just when shells start to brown. I like to add my jelly after they come out of the oven. I also cut most of the rind off my Brie but try both ways to see what you like best. We have done it both ways.

Have a short little easy recipe you would like to share ?

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BLAST FROM THE PAST

What was happening in 1924 :

- RAND McNALLY PUBLISHED ITS FIRST ROAD ATLAS ON APRIL 15, 1924.
- GALLON OF MILK WAS 28 CENTS.
- THE STATUE OF LIBERTY DESIGNATED AS A NATIONAL MONUMENT.

The Wakulla Sun NEWSPAPER

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Wakulla History

- In 1866 the county seat was moved from Newport to Crawfordville, which was named after Dr. John L. Crawford (1816- 1902).
- The Old Courthouse that now houses the Wakulla County Chamber of Commerce was completed in 1894 and served as the county's courthouse for 55 years.
- Over time Wakulla has had many newspapers. There was the Port Leon Commercial Gazette that was established in 1843. After the town's destruction it was moved to Newport under the name of the Newport Patriot. Replacing the Patriot was the Newport Gazette. There was also a newspaper simply called The News in the mid 1800's, when it was replaced by the Wakulla Times up until the Civil War.

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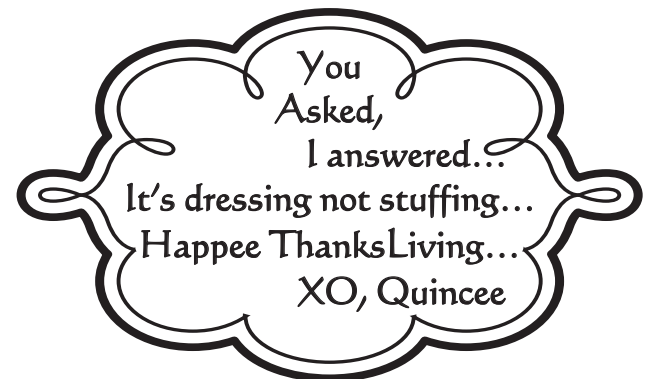
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1513:What is Florida's original Spanish name? Who gave it that name and why?

Answer: La Pascua Florida ("Feast of Flowers"). Ponce De Leon landed here on Easter Sunday in the spring when the flowers were all in full bloom.





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ABODE STOCK PHOTO

The skin is the largest organ in the body and it is important to take proper care of it at all ages.

Be kind to your skin



By **SAMANTHA KENNEDY**
Extension Director

The skin is the largest organ in the human body. Many people overlook this fact since the skin is on the outside, but this organ helps protect all the others.

Also, the health of our skin, as well as our hair and nails, can give us a window into our overall well-being. With daily stressors such as pollution and sunlight, it is important to give these parts of our body some extra TLC.

Here are five easy and effective ways to keep your skin, hair, and nails in tip-top shape.

Eat a balanced diet. Diet plays a huge role in the health of skin, hair, and nails. Foods rich in vitamins A, C, D, E, and K and minerals like biotin and zinc, contribute to strong nails, radiant skin, and shiny hair. Foods such as leafy greens, nuts, and fruits are

packed with nutrients that support collagen production, which is crucial for skin elasticity. Omega-3 fatty acids, found in foods like salmon and walnuts, help keep hair shiny and skin moisturized. Avoid too much sugar and processed foods, as they can lead to breakouts and weaken hair and nails over time.

Stay hydrated. Water is essential for keeping skin, hair, and nails hydrated and healthy. Dehydration can cause skin to appear dry, hair to become brittle, and nails to crack or peel. Drinking at least eight (8 oz.) glasses of water a day helps flush out toxins and keeps the body hydrated from the inside out. If you struggle to drink enough plain water, try adding a slice of lemon, cucumber, or berries for added flavor and a boost of vitamins. You can also support hydration by using moisturizing products for your skin and hair to lock in that moisture. Keep in mind, however, that moisturizers that contain too much water can actually dry out the skin.

Protect from the sun. Sun protection is vital not just for your skin but also for your

hair and nails. UV rays can damage skin, leading to premature aging, wrinkles, and even skin cancer. They can also dry out hair, making it brittle, and cause nails to discolor or weaken. Apply a broad-spectrum sunscreen of at least SPF 30 or higher on exposed skin, even on cloudy days. Protect hair by wearing a hat when outdoors. If out in the sun for extended periods, use a hair product with SPF. Do not forget to use a sunscreen that is safe for nails or consider using a polish with UV protection.

Avoid over-styling and harsh products. Heat styling, chemical treatments, and harsh products can lead to significant damage over time. Excessive blow-drying, flat ironing, and curling can make hair brittle and prone to breakage. Similarly, constant use of acetone-based nail polish removers can dry out nails, leading to peeling and cracking. For skin, be mindful of over-exfoliating and using products with alcohol, which can strip the skin of natural oils. Aim to let hair air-dry whenever possible and choose gentle, sulfate-free shampoos. For nails, give them a break from

polish occasionally, and moisturize cuticles daily with nourishing oils like almond or jojoba.

Practice good hygiene and routine care. Keeping a regular routine is key to maintaining the health of skin, hair, and nails. Clean the face twice daily to remove dirt and oil, and use the proper type of moisturizer. Gently brush hair and avoid washing it too frequently to preserve its natural oils. Trim nails regularly to prevent breakage, and keep them clean to avoid infections. Use of a gentle, moisturizing hand soap and hand lotion can keep your skin and nails healthy.

Skin, and by extension, hair and nails are important parts of the body. Unhealthy treatment of them can have adverse effects on overall wellness.

Conversely, internal ailments can manifest themselves through the skin, hair, and nails.

Taking care of all parts of the body, inside and out, will go a long way to promoting whole-body health.

For more information, please contact Samantha Kennedy at (850) 926-3931.

Safeguard yourself from thieves during holidays



By **JARED MILLER**
Wakulla Sheriff

As the holidays approach I would like to take the time to discuss with Wakulla County's citizens steps you can take to help safeguard yourself from potential thieves during this season. Nationally this time of year typically sees a spike in thefts and burglaries, and Wakulla County is no different. It's important to know that most thefts and burglaries committed in Wakulla County are crimes of opportunity, and there are some basic steps you can take to help protect yourself from being a victim.

Often would-be car burglars engage in what is known as "car hopping," where they enter an area and move from car to car pulling

on door handles. When they find an unlocked door, the criminal enters into the car and searches for items to steal. The first two tips to help protect yourself from thieves is to lock your car doors and do not leave valuables (especially personal information or firearms) inside of your vehicle unattended.

Next if you plan on being out of town for the holidays, please remember to take some simple steps such as placing a hold on your mail (so it does not pile up in your mailbox), and not advertising the specific times you will be gone on social media. Most residential thefts and burglaries occur purposely when the homeowners are not around, and limiting signs you are not home will help keep your home and property more secure. If you can afford to purchase security cameras, an alarm system, or motion sensor lights, I strongly encourage you to do so as it creates a great deterrent for anyone who would look to steal from you. Also

with online shopping becoming increasingly common, it's also important to have a plan for any packages that may be delivered to your home. If you cannot afford to buy a secure drop box for packages, make arrangements to be home (or have a trusted person present) when packages are to be delivered. H

Lastly for those in the community who celebrate Christmas or other gift giving celebrations, there are measures you can take to help keep your home safer. If you have window blinds or curtains, ensure they are closed when you are not around so thieves cannot look inside and see any valuables you may have. Do not put out boxes or packaging to new items until the day of trash pick-up, so you don't advertise to everyone items now within your home. Lastly just like your car, always remember to lock your home at night and when you are not home.

It's true that you could take every possible precaution and still

have someone break into your car or steal from you. However, the harder you make it for a criminal to commit a crime the more likely they will be to avoid your home and property.

Do the best you can to make yourself a hard target to would be criminals and you'll be able to largely prevent yourself from becoming a victim.

If you lock your

house and car doors, don't leave valuables in plain sight or in your vehicle, and don't advertise when you will be out of town, you will drastically reduce your chances of being targeted.

If you suspect you have been the victim of a burglary, theft or any crime never hesitate to contact the Wakulla County Sheriff's Office at 850-745-7100 (911 for emergencies). We operate 24/7 365 days a year and are always ready to respond and help. The sooner you can report any suspected crime to us the better the odds we will be able to solve it.

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Real life marriages



By GREG GAST

Marriage today is based on the concept of viability. Viability depends on how viable the persons are and how constructive their efforts are.

There are six common phases a marriage and they don't differ greatly from those of

a previous generation. They are honeymoon, disillusionment, disappointment, decision, productive and later years.

1. Honeymoon phase can last for one to two years. It is the most open and pleasurable phase. There is usually a good deal of playfulness, laughter, sexual enjoyment and mutual support during this phase. In good marriages this phase will persist when both partners create opportunities for this to occur.

2. Phase of Disillusionment occurs when your fantasy expectations are dashed to the

ground. Reality has a way of not coinciding with a fantasy and disenchantments are to follow. Reality points to the fact that no man or women are a husband or wife until they are actually involved as such. Preparations or living together may be helpful but it is not the same as marriage. Two people become marital partners as they experience marriage to each other.

3. Phase of disappointment happens when expectations thought to be realistic are found to be ungrounded. You discover that your partner's life views may differ

markedly from your own basic attitudes and goals. Or maybe their personality features were overlooked or underestimated earlier and you now find them irritating later on. If they become chronic, hardening disappointment or hopelessness it can turn a marriage into a sour, bitter, and generally negative relationship.

4. Phase of hard decisions is the most important turning point in most marriages. Asking the right questions like availability of common interests or using a constructive approach to build

a growing relationship. Or how motivated are you in building a permanent, dependable, supporting, companionable, comfortable partnership, which may still not be the be-all or end-all of your existence?

5. Productive Phase Is the phase of accomplishment, with career, family, social expansion, new skills, development of avocations, and continued personal growth. It is when chronic disappointments are left behind and the productive phase can be an exciting and rewarding time, associated with deepening feelings of

love.
6. The Phase of Aging Is an extraordinary one. It becomes one of mellowing, of greater wisdom, sometimes greater mutual dependency, support and affection. It is the time to investigate in-depth involvements. It can become an extended productive phase without the pressures or anxieties of a younger time.

Let me know what you think...

Greg Gast is Real Life Counseling, 3295 Crawfordville Hwy., suite #4, Crawfordville FL 32327.



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Cody Solburg

From Front Page

socialize, and hang out for free.

- Help develop a sense of community within a community.

- Establish and maintain the quality of life in a community, ensuring the health of families and youth, and contributing to the economic and environmental well-being of a community and a region.

- Promote community wellness.

- Encourage activity in kids.

- Create safe gathering places.

Solburg's projects are areas that bring the Wakulla community together with the common goal of enjoying the beauty and resources Wakulla has to offer. Solburg has worked on Azalea Park renovations with a new walking trail with rubberized surface, new Shell Point boating facility and boat ramp, new Mashes Sands boating facility, boat ramp, floating docks, parking lots, boardwalks, pavilions, and a kayak launch. Wakulla River Bridge parking lot and boating facility upgrades are also credited to Solburg's expertise. Projects in Panacea include Woolley Park walking trail and park upgrades and fishing pier, Panacea Community Center building renovations, and the Ochlockonee Bay Trail Head.

The Rock Landing floating dock and finger pier system are also a part of Solburg's projects to be enjoyed by the community.

"We set out to bring projects in on budget and on time," Cody

says. "A lot of our grant funding projects have strict guidelines and timelines, we always strive to complete these projects the best we can to product he best results possible."

Cody was born and raised in Sopchoppy, and grew up enjoying Wakulla's outdoors and natural resources. He is an outdoor enthusiast and loves fishing, hunting, and swimming in Wakulla's rivers and springs. Cody is supported by his loving family and beautiful wife Jillian and their daughter Emma Grace. Dogs Lucky and Rooney are also a part of the Solburg family. Cody enjoys playing music and has been in multiple bands over the years playing at local venues and surrounding area gigs.

Cody graduated from Wakulla High School, Tallahassee Community College, and Florida State University.

"Most of my life prior to working for Wakulla County, I worked in the construction business building custom beach homes on St. George Island," he says.

"There are many rewarding aspects to my job. Being able to work for the citizens on projects that benefit the public and seeing the public enjoying our parks and county facilities really means a lot to me. My crew and I take a lot of pride in our county and are very proud of the work we perform in our department. One of the most rewarding aspects of this job is being able to work and live in the county you grew up in and love."



Cody Solburg with a redfish he caught.

Cody said his favorite project is the Azalea Park new walk. "It was a project started in the first week on the job for me," he says. "I am proud of it and I love to see the amount of people walking on it everyday."

"Working with Cody Solburg has always been a great experience," says Christie Mathison, Public Health Preparedness Planner for Department of Health in Wakulla County. "The first thing Cody says is, 'Just let me know what you need.' When we are working on a project. Cody responds quickly, he is organized, and whenever I ask to use the Community Center as a special needs shelter in emergencies or to practice a full scale exercise, Cody is always on-board without hesitation, he is always so helpful."

Listening to the voice of the community is a practice Solburg takes to heart. "People approach me to thank me for the projects in the

county and I tell them they are welcome, when concerns and issues arise, I try to address as quickly as we can. We never stop trying to better our community with upgraded public parks, facilities and areas for outdoor recreational activities."

"Working as the Parks and Facility Director for Wakulla County can be very rewarding and challenging at times. My department is very large and unique in terms of the large scope of work we do. We have

our hand in just about everything related to our county's facilities. We oversee the maintenance of over 50 county-owned facilities, 20 parks and boat ramps. We also handle mowing, landscaping, rentals of facilities, as well as construction management for new construction, renovations and grant related projects."

Teamwork is what makes the dream work.

"I could not do this job without my staff," he says. "I have a dedicated team who loves their county and shows up for me every day to do their best for this county. It takes the hard work from all county departments, administration, and elected officials. I want to thank them all."

Parks and Facilities has a list of projects to enhance the quality of Wakulla living by introducing the construction of a new boat ramp at Wakulla River Lower Bridge, construction of Hudson Park Walking Trail and pavilion renovations, construction of the Pro Shop and concession stand and restroom building at Wakulla Sands Golf Course, construction of Wakulla County Sheriff's office maintenance garage, the installa-

tion of four stand-alone emergency generators for county buildings, Smith Creek Fire Station renovations, installation of shade structures at Woolley Park and installation of ADA mobi-mats at Mashes Sands beach and Shell Point Beach. Newport Campground will also see site and road improvements.

Future projects include a new Emergency Operations Management building, a new Wakulla County Library, a new fire station in St. Marks, walking trail lights for Hudson Park, Azalea Park Trail resurfacing project with bathroom renovations, new playground and pavilion.

Renovations will be taking place at the Animal Control site and Mashes Sands parking lot and beach upgrades are forthcoming.

"Wakulla County will always have a special place in my heart. I love all of Wakulla's natural wonders and the people that make Wakulla County a great place to live, play and raise a family. I've visited a lot of places in my life and there is no place I would rather be than right here in Wakulla County."

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tobe7encouraged faith column

Our Flesh, “it is not fair”, God, “Look to Me”

Greetings Wakulla citizens! Thank you for taking your time allowing us to encourage you in Christ!

In living today as a Christian, a full consecrated Believer, we may at times look around and think, wow!, this is not fair. As we study His Word, the most relevant book of today in the world!! We find that His Word is definitely for today, God’s Word is so spot on!

First know this, satan is a copycat of God, A LIAR. He can make it so that it looks like his followers are being blessed by being disobedient to God, these are the people participating in the ways of this world today, therefore no one wants to change because they think this is God blessing them! In Scripture, **Luke 4:1,2** tells of when Jesus once became full of the Holy Spirit was then led about by the Spirit in the wilderness for 40 days being tempted by the devil. In **verses 5-8** is where you are able to see that the devil does have the ability to “give the appearance of blessing someone”. The Scripture says, **5 “And he led Him up and showed Him all the kingdoms of the world in a moment of time. 6 And the devil said to Him, “I will give You all this domain and its glory; for it has been handed over to me, and I give it to whomever I wish. 7 “Therefore if You worship before me, it shall all be Yours.” 8 And Jesus answered and said to him, “It is written, “YOU SHALL WORSHIP THE LORD YOUR GOD AND SERVE HIM ONLY.”** We seem to think that all “good” things that we see with our eyes are “blessings” from God. The devil fell from heaven because he wanted to be God; **Isaiah 14:13-14** **But you said in your heart, I will ascend to heaven; I will raise my throne above the stars of God, And I will sit on the mount of assembly In the recesses of the north. 14 I will ascend above the heights of the clouds; I will make myself like the Most High.** You see, pride caused the devil to be thrown out of heaven. The only true blessings are from God and will cause us to desire to praise God! Because we definitely know where our blessings come from!

As we read God’s Word, He comes to life in and through us, He allows us to discover His Truth in and through our living. His Word IS ALL TRUTH! We MUST know this! If we do not know this inside and out, we definitely can and will be deceived! Scripture tells us of this in **2 Corinthians 11**, this is Paul speaking on the possible opportunity of being deceived, please read the entire chapter for the full teaching, in **11:13** Scripture tells us **“For such men are false apostles, deceitful workers, disguising themselves as apostles of Christ. 14 And no wonder, for even satan disguises himself as an angel of light. 15 Therefore it is not surprising if his servants also disguise themselves as servants of righteousness; whose end shall be according to their deeds.**

Remember, He says in **Isaiah 55:8 “For My thoughts are not your thoughts, Neither are your ways My ways,” declares the LORD.** He is the Word and the Word is Him, **John 1:1 In the beginning was the Word, and the Word was with God, and the Word was God!!** We must know His Word, no matter what we see or experience, is the unaltered unedited TRUTH IN ALL THINGS!! So, when we see people seeming to live in much prosperity, “spiritually, financially, physically, and socially,” not living for God while they think they are living for God, they are in trouble!! The devil wants to keep them down, beaten and deceived so they will die! Being without God is death!! The devil wants the same for you!, to use your knowledge in God against you! He wants you and I to become “JUDGMENTAL” towards our sisters and brothers in Christ and our neighbor as well! To notice their sin and condemn them in our minds and hearts! If we do not like something about our neighbor, cars, clothes, house, they pray too loud, they are late to church or they never go to church, late to work whatever the case may be...MIND OUR OWN BUSINESS!!! Check YOURSELF!!

The devil knows in today’s world it is easy for him to deceive people in being critical of others. While instead, we definitely should be lifting them up to our LORD God in prayer and encouraging them in Christ!! **Hebrews 3:13 But encourage one another day after day, as long as it is still called “Today,” lest any one of you be hardened by the deceitfulness of sin.** God is the only way that will change people’s hearts and minds!

God’s will is for everybody to come to the knowledge of Jesus, His Son and be saved!! Scripture tells us in **1 Timothy 2: 3-6 This is good and acceptable in the site of God our Savior, 4 who desires all men to be saved and to come to the knowledge of the truth. 5 For there is one God, and one mediator also between God and men, the man Christ Jesus, 6 who gave Himself as a ransom for all, the testimony borne at the proper time.** Being saved does not mean we will stay saved, it takes us keeping God in front of our eyes, our mouths on our hearts and minds!! When we do this, we change because He changes us to love those that do not deserve our love! Do you really think you deserve what Jesus did on the Cross?? I know I do not!! Aren’t you VERY HAPPY JESUS LOVED EVERYONE THAT MUCH?! Whew!!! I DEFINITELY AM!!

We must remember why we are here!!! That is to GLORIFY GOD!! As Adam did before he caused death to fall on all of us!! Adam would hang out with God and chat, every day. This is what our Father wants from us! To love Him with ALL our being! This way sin has an extremely challenging time entering in our lives, he will try! What else could any of us want when we are hanging out with The Creator of EVERYTHING?!

These are a few Scriptures to meditate on to cause your hearts and minds to glorify God;

1. Exercise faith- Hebrews 11:6
2. Love without hypocrisy- Romans 12:9
3. Deny ourselves- Luke 9:23
4. Be filled with the Spirit- Ephesians 5:18
5. Offer ourselves as living sacrifices- Romans 12:1
6. Our delight is in the law of the LORD- Psalm 1
7. His Word is our Treasure- Psalm 119:11-16

8. In all we do, do as we are literally doing it for the LORD- Colossians 3:23-25

9. Be separate to God- Romans 12:2

When the devil tries to cause you to notice what others are doing and cause you to become “judgmental” toward your neighbor, please realize what **Ephesians 6:12** tells us; **“For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places”.** Please!, pay attention to what you are thinking about and ask Jesus to capture your thoughts! **2 Corinthians 10:5** Just say, “In Jesus’s name I take every thought captive to the obedience of Christ!,” Jesus will clean your mind out!! Try it!! He keeps His Word!!

If you do not know Jesus and want to, say this out loud and believe...

Romans 10:13 for “Everyone who calls on the name of the Lord will be saved.” **“Jesus, I am a sinner I know, I repent and turn away from all that I did as a sinner. I believe in faith that God sent You to be my sin on the Cross, to cleanse me from all my sin and now make me new. I believe You died and rose on the 3rd day so that I may live and become Your Righteousness. I now give you my life and live for You! By God’s Grace I am now Born Again.** Your next step is to be water baptized (**1 Peter 3:21, 1 Corinthians 6:11**) CONGRATULATIONS!

If you want to be encouraged in God and His ways, we meet every Sunday at 11:00 and Wednesday at 6:00. We do not have a separate children’s church, but they are welcome. You can reach us at tobe7encouragedinfo@gmail.com.

God loves you,
Deb Quimby-
Quackenbush



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Jeanne

Brenda

Misty

Gerald

On the Horizon

The calendar of events for November

Friday, Nov. 1

- War Eagle football: The War Eagles host the Gadsden Jaguars at J.D. Jones Stadium at 7 p.m.
- Alcoholics Anonymous meets at noon and 8 p.m. every Friday at 54 Ochlockonees St.

Saturday, Nov. 2

- The Panacea Community Garden Farmer's Market will be held from 9 a.m. to 12 noon in Panacea.
- Alcoholics Anonymous meets at 6:30 p.m. every Saturday at 54 Ochlockonee St.

Sunday, Nov. 3

- DAYLIGHT SAVING TIME ENDS – set your clocks back one hour.

Monday, Nov. 4

- The Wakulla County Commission meets at 5 p.m. in the commission chambers.
- The Wakulla County School Board meets in the district office at 5:45 p.m.
- The Wakulla Respite Program is available for anyone with memory impairment at no cost from 9 a.m. to 3 p.m. at Lake Ellen Baptist Church every Monday.
- Alcoholics Anonymous meets at 6 p.m. and 8 p.m. every Monday at 54 Ochlockonee St.
- Gentle Yoga and Stetching

Class, every Monday, 11 a.m. Wakulla Community Center. Bring a mat. Come early to sign in. Chair Yoga participants welcome. \$2 per class.

- Yoga 101 with Nellie at 6 p.m. Classes are \$12, packages available at New Posh on 3079 Crawfordville Hwy. RSVP to newposh3079@gmail.com or text/call at (850) 528-5838.

Tuesday, Nov. 5

- ELECTION DAY – Polls will be open 7 a.m. to 7 p.m.
- Sopchoppy community dinner is held every week at the Towles House at 6:30 p.m.
- Alcoholics Anonymous meets at 6:30 p.m. at 54 Ochlockonee St.
- Yoga Flow with Nellie at 6 p.m. Classes are \$12, packages available at New Posh on 3079 Crawfordville Hwy. RSVP to newposh3079@gmail.com or text/call at (850) 528-5838

Wednesday, Nov. 6

- Muffins with Moms Prenatal Support Group meets at 9 a.m., 9:30 a.m., and 10 a.m. at the Wakulla County Health Department. Contact Liz Neighbors at 850-888-6078 or elizabeth.neighbors@flhealth.gov for more information.
- Wakulla County Coalition for Youth meets at the Wakulla Public Library at

12:30 p.m.

- A line dance class is held at 1 p.m. at the Wakulla Senior Center every Wednesday.
- Alcoholics Anonymous meets at noon and 6:30 p.m. every Wednesday at 54 Ochlockonee St.

Thursday, Nov. 7

- Wakulla Chamber of Commerce ribbon cutting for the new food lockers at the health department will be held at 4:30 p.m.
- The VFW Auxiliary Bingo Night will be held at 7 p.m. at 475 Arran Road in Crawfordville, every Thursday. There are concessions and raffles.
- The Rotary Club of Wakulla County meets at the TSC Wakulla Center at 8:30 a.m. on Thursdays.
- Yin Yoga at 6 p.m. with Nellie every Thursday. Classes are \$12, at New Posh on 3079 Crawfordville Hwy. RSVP to newposh3079@gmail.com or text/call at (850) 528-5838.
- Alcoholics Anonymous meets at 6:30 p.m. every Thursday at 54 Ochlockonee St.

Friday, Nov. 8

- Coffee and Commerce: before hours networking will be held at Gypsy Rose Boutique at 8 a.m.
- War Eagle football: The War Eagles host the Suwannee Bulldogs at J.D. Jones

Stadium beginning at 7 p.m. for the final regular season game of the year. It's a make-up game from Hurricane Helene in September.

Saturday, Nov. 9

- Veterans Ceremony will be held at Wakulla Sands Golf Course at 9 a.m. After the event, Wakulla High School will hold its War Eagle Alumni Memorial Golf Tournament.
- Shells & Tails will be held in Sopchoppy's Depot Park from 9 a.m. to 4 p.m. with mullet, crab, oysters, barbecue and more. Admission \$1; kids 12 and younger and veterans free. Live music.
- Friends of Wakulla Springs are holding a car show at the Lodge beginning at 10 a.m. Judging will be held from 11 a.m. to 1 p.m. and awards presented at 2 p.m. To register your vehicle or apply to be a vendor, go to wakullasprings.org.
- The Wakulla Caregiver Support Group will meet at the Wakulla County Public Library at 10 a.m. every second Saturday of the month.
- The Sopchoppy Community Market will be held from 9 a.m. to 2 p.m. in Sopchoppy Depot Park.

Monday, Nov. 11

- VETERANS DAY – Banks, schools and government offices will be closed

in observance.

- Veterans Day free breakfast for veterans and their families will be held at the community center beginning at 7:30 a.m.
- The Wakulla Caregiver Support Group meets at Lake Ellen Baptist Church at 9:30 a.m. every second Monday of the month.
- The American Legion Post 114 meets at the Wakulla County Public Library at 6:30 p.m. every third Monday of the month.
- Crawfordville Woman's Club monthly meeting is the second Monday of each month at 6:30 p.m. at 64 Ochlockonee St., in Crawfordville. Call (850) 566-5727 for more information.

Tuesday, Nov. 12

- The Wakulla Planning Commission meets at 6 p.m. in the commission chambers.
- The Sopchoppy City Commission meets at 6:30 p.m. at City Hall.

Thursday, Nov. 14

- Wakulla Senior Center Golf Tournament will be held at Wakulla Sands Golf Course with registration at 8 a.m. and shotgun start at 9 a.m. Cost per team is \$600.
- St. Marks City Commission meets at the St. Marks City Hall at 6 p.m.
- The Wakulla County Cancer Support Group meets in

the Education Center of the Crawfordville United Methodist Church at 7 p.m. This group meeting is for men and women, regardless of the type of cancer. Spouses, caregivers, and friends are welcome. For more information, call 850-926-6050.

Saturday, Nov. 16

- Blue Crab Festival will be held at Woolley Park in Panacea. The event kicks off with a parade at 10 a.m.

Tuesday, Nov. 19

- The county commission will hold a meeting beginning at 4 p.m. in the commission chambers that includes swearing-in for new commissioners.
- The school board will hold a meeting beginning at 5 p.m. that includes a swearing-in for new school board members.

Thursday, Nov. 21

- Wakulla Chamber of Commerce's 20th annual Business Excellence Awards will be held at Wakulla Springs Lodge beginning with social hour at 5:30 p.m. Cost is \$45 per person.

Thursday, Nov. 28

- HAPPY THANKSGIVING!

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CROSSWORD

CLUES

ACROSS

- 1. Nocturnal S. American rodent
- 5. Requesting
- 11. Give temporarily
- 12. Happiness
- 16. Military branch
- 17. - __, denotes past
- 18. Middle Eastern city
- 19. Air hostesses
- 24. Partner to Pa
- 25. Percussion instrument
- 26. Popular computers
- 27. Decrease light
- 28. Valley in the Osh Region
- 29. "To __ his own"

- 30. Absence of difficulty
- 31. Notice announcing intended marriage read out in church
- 33. Trims by cutting
- 34. Impact
- 38. Military member
- 39. A French river
- 40. Member of prehistoric people in Mexico
- 43. Messenger ribonucleic acid
- 44. Musician Clapton
- 45. Greek sophist
- 49. Largest English dictionary (abbr.)
- 50. Narrow valley
- 51. A way to disentangle

- 53. Indicates not an issue (abbr.)
- 54. Recommending
- 56. Genus of legumes
- 58. Friend to Larry and Curly
- 59. Off-Broadway theater award
- 60. Fencers
- 63. Small Eurasian deer

- 64. Denoting passerine birds
- 65. Separate by category

CLUES DOWN

- 1. Colorless fluid part of blood
- 2. Of a main artery
- 3. Photographic equipment
- 4. Confirms a point
- 5. Developed over time

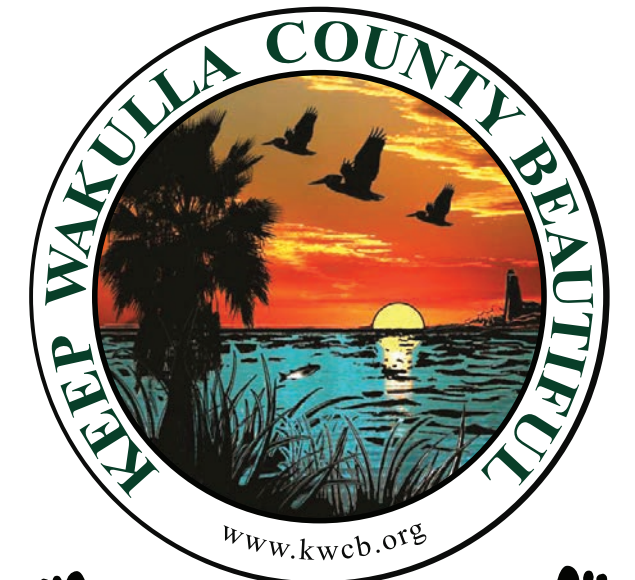
- 6. Not the leader
- 7. __ Lang (country singer)
- 8. Adults need one
- 9. Nests of pheasants
- 10. Antelopes
- 13. One quintillion bytes (abbr.)
- 14. Japanese three-stringed lute
- 15. Type of cat
- 20. Cools your home
- 21. The ancient Egyptian sun god
- 22. Pouches
- 23. Trigraph
- 27. Form of Persian spoken in Afghanistan
- 29. __ route
- 30. Body part
- 31. Bridge building degree
- 32. Indicates position
- 33. Political action committee
- 34. Tasty snack

- 35. Part of a quadruped
- 36. Locate
- 37. Pitching statistic
- 38. Of I
- 40. City in Utah
- 41. Football players in the trenches
- 42. Hammer is one
- 44. A "nightmarish" street
- 45. Performers
- 46. Slang for cut or scrape
- 47. More breathable
- 48. Most slick
- 50. Provokes
- 51. Home to college's Flyers
- 52. Sodium
- 54. Large fish of mackerel family
- 55. Zero
- 57. __ and behold
- 61. The Palmetto State
- 62. Popular Tom Cruise movie franchise (abbr.)

		9	7						
2	3		5			4		7	
5			2						8
	2			5		3			
9	6			7				5	
					6	8			9
	4			3				9	
7		3	6	1	5	2			4
	1	5		9					

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1	2	3	4		5	6	7	8	9	10			
11					12					13	14	15	
16					17			18					
19				20	21		22	23			24		
25						26				27			
28					29					30			
				31	32					33			
34	35	36	37					38					
39					40	41	42						
43					44					45	46	47	48
49				50					51	52			
53			54					55					
56		57				58				59			
60					61	62				63			
			64							65			



Leave Nothing
But Your Footprints

8	1	5	4	9	2	7	6	3				
7	9	3	6	1	5	2	8	4				
6	4	2	8	3	7	5	9	1				
3	5	7	1	2	6	8	4	9				
9	6	8	3	7	4	1	5	2				
4	2	1	9	5	8	3	7	6				
5	7	4	2	6	1	9	3	8				
2	3	6	5	8	9	4	1	7				
1	8	9	7	4	3	6	2	5				

Fiddling around in the marsh



By **ERIK LOVESTRAND**

When I moved to Wakulla County from Central Florida 34 years ago, it felt like I had landed in paradise. The abundant woodlands, wild coastline, freshwater springs and small-town atmosphere had me hooked for life. And even though our county has grown significantly in population and infrastructure since then, I still believe we live in paradise.

If you ever have doubts about it, take a drive down Skipper Bay Road through the Refuge. When you clear the treeline, stop your vehicle, get out, and take a few minutes to soak in the view.

The wide-open vistas of our wilderness coast salt marshes have a way of rearranging our perspective.

It will not be long before your attention is drawn to some of the wildlife in this scenic setting.

Tidal creeks meandering through the needlerush are replete with killifish, blue crabs, oysters, and many other species. These shallow channels can be mostly empty of water during low tides but will flood to their landward extent on high tides. This provides access to a vast supply of resources that support the creatures living there.

Many of our fisheries along the coast also have direct connections to these marshes. Our mullet, spotted seatrout, and a host of other species spend time in the marshes during their juvenile stages.

On a low tide, you will notice occasional sandy patches dotted with small holes and tiny piles of sand pellets next to them. These salt flats are the home for the subject of this article, the “sand fiddler crab.”

We have at least three species of fiddler crabs



PHOTO BY ERIK LOVESTRAND

A female fiddler crab between two males.

on Florida’s northern Gulf Coast. They can be identified by looking closely at the male’s large claw for particular features.

The sand fiddler crab has smooth edges along the inside of its large claw. Fiddler crabs serve an important role as nutrient recyclers in the marsh. They feed by sifting algae and small

bits of decaying marsh plants from the sand or mud.

They also serve to aerate the top several inches of the sand by excavating their burrows.

Scoop up a handful of sand from a salt flat with a crab colony and you will notice that it does not have the “rotten egg” smell of the

deeper, muddy areas in the marsh.

Fiddler crabs are preyed upon by many species of wading birds, gulls, and even wild pigs. I almost always find signs of rooting on the sand flats.

When the salt flats are exposed at low tide, the fiddlers come out of their burrows to feed, usually in a large group

together. You will quickly notice the difference between the males (one big and one small claw) and the females (two small claws).

Males wave the large claw during courtship to attract a female (hence the name “fiddler”). They will mate in his burrow and following a two-week gestation period she will emerge to release her hatching babies into the water.

The next generation is on its way and that is a good thing as fiddlers only live about one and a half years.

Even though they are small crabs, fiddlers play an outsized role in our marshland ecology. The salt marsh is what it is because of them, and we are blessed as citizens of Wakulla County by the wisdom of our predecessors who established the St. Marks National Wildlife Refuge along our coastline.

Erik Lovestrand is a UF/IFAS regional Sea Grant agent in Wakulla, Franklin and Gulf counties.

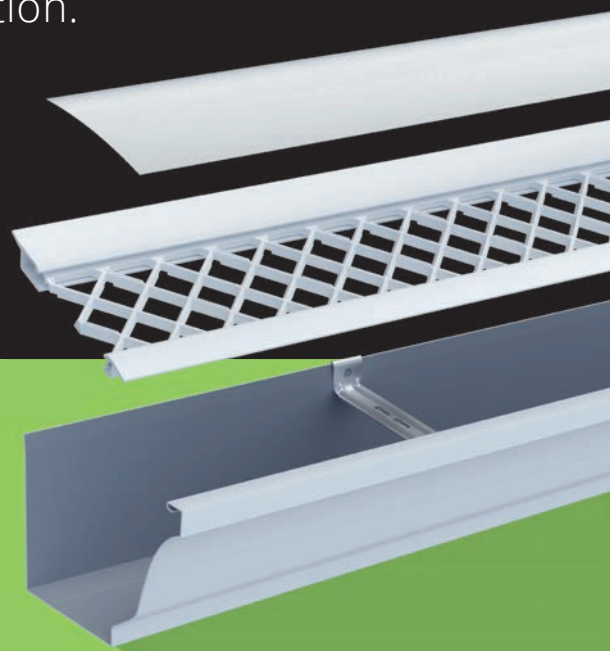
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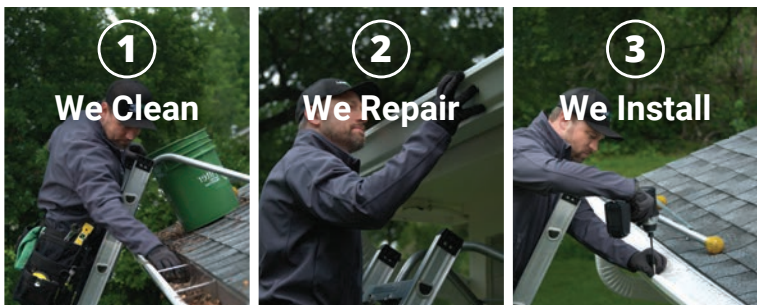
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Andrew P. Tully and his descendants

By Elizabeth Smith. Originally published in the November 1963 issue of the Magnolia Monthly.

Andrew Patterson Tully came to Wakulla County from the Carolinas in the early 1840's, and originally from Ireland. He served as justice of the peace in Crawfordville in 1845. He is the forebearer of all the Tullys in Wakulla County and at one time owned all the land from Tully's Garage in Crawfordville to a mile north at the upper end of the subdivision known as Hudson Heights. It included several hundred acres, and the original home is believed to be the one in which Jewell Hudson, county attorney, now lives though it has been moved from its previous location.

A.P. Tully owned 20 or 30 slaves and farmed his acreage. Even today old nails, harness buckles, and rusted door latches are found on the land which as since grown over in pine and oak. Andrew's children included Albert, who died at the age of 15, William, George W., Jack, Drusilla, and Josie. When Albert died his father measured off land in Crawfordville for a cemetery between two roads, one leading by a roundabout way to Ivan, and the other going directly to his farm in Hudson Heights, which had the entrance marked by two large posts. The cemetery is still there and was recently deeded to the Crawfordville Methodist Church, but the road that once led to the farm is now the new Crawfordville highway to Tallahassee, while the other road to the east also goes to Tallahassee by way of Wakulla and Woodville.

Andrew's farm was later enlarged by his son, George, to include a blacksmith shop, sawmill, and cotton gin. George did some farming but was more mechanically inclined. He was county surveyor for over 50 years. He died at the age of 81, only one day short of his 82nd birthday. He was 16 at the time of the Civil War and did his military training as Six Mile Point near Woodville. During the Battle of Natural Bridge (near Woodville) he was in Newport with other local boys who manned a small cannon shooting grape-shot. Half of the cannon was taken to Natural Bridge before the battle but of those left in Newport the northern forces never learned about.

George's children were Ira, who died at the age of 24 and is buried in the cemetery given to the town by his grandfather, Carrie, George Maginnis, Eppie, Susie, Horace and Arthur Monroe the only



Andrew P. Tully's gravestone in Crawfordville Cemetery, from Find A Grave website.

surviving son who tells this story from his home in Medart and at the age of 81 is still alert and able to recount many incidents of his childhood.

He recalls that when timber ran short in Crawfordville his father moved his sawmill down to the wilds of Medart in 1892. His mother refused to go to such a primitive place and remained in Crawfordville. So his father and brothers camped out in a one-roomed house (later known as the McLaughlin place where rooms have been added since and Lawrence Rouden lives now) and went back to Crawfordville on weekends. Maginnis Tully kept the books for the sawmill and Arthur rode the horse down to the mill when his school was out.

Meanwhile the woods around Medart gave way to another settlement and the people wanted a post office because they still had to go to Crawfordville for their letters. They were told that the settlement needed a name first so Arthur's sister Carrie named the village Medart for the name Medart Pulley Company which she found in a catalog for sawmill equipment.

Arthur married Gertrude Rita Oder of Waukeenah in 1905 and built the house in Medart which is located north of Mac's Store. South of the store is the present Tully home which Arthur's brother Horace built in 1907 for his bride, but that year he was killed in a sawmill accident and the home was never completed, at least not at that time.

Arthur was still a boy when the old wooden courthouse in Crawfordville burned down in the early 1890's. His father and another man from Apalachicola built the next courthouse but they

had a quarrel and the other man left, so his father finished the courthouse in 1894. This high, two-story building is still standing in Crawfordville with enormous wooden beams that astonish visitors. But it has been moved half a block to accommodate the present concrete courthouse built in 1948-49.

Courthouse records show two bills of \$1,175 each (or \$2,350) which may be the total cost of this enormous edifice.

The courthouse in 1894 had just been completed, Arthur recalls, when a mass meeting was held there to pick a list of candidates for local offices. This was before the Democratic primary was installed and opposing factions couldn't agree on their candidates. When they started drawing out their knives to enforce their choices, Arthur's father told him to get under a table for protection. The next meeting of the Florida State Legislature in

roduced the primary and forestalled the high casualty rate in elections.

Not long after this the town of Panacea got its name from Arthur's Uncle Billy Tully who said that the mineral springs there were a cure-all or panacea for ailing people.

Uncle Billy also helped to finance the building of the Panacea Springs Hotel along with W.W. Walker, but Arthur's father contracted to build it. Still undaunted, in his 70's his father opened a gunsmith shop.

Arthur, the 3rd generation Tully, sawmilled before and after his marriage. In 1905 he bought, he believes, the first automobile in the county, a second-hand Locomobile Steamer which was shipped by freight car from New York City. The \$300 charges were as high as the cost of the car. But one thing led to another and in 1910 two men who ran a turpentine still in Woodville, Messrs. Russ and Rhodes, hired him. It seems that these two people had bought a Maxwell from the Nolan company in Jacksonville (still in business) and a chauffeur drove the car to Woodville and spent some days there showing them how to drive it. When he returned to Jacksonville, they still didn't know how to drive and hired Mr. Tully to work their still and drive them too. He stayed with them for a year, then moved to Tallahassee and opened an auto repair shop in 1910. There was only one other in the capital, run by Proctor and Brown.

In 1916, the Tullys moved back to Medart. The sawmill was being run by Charlie McLaurin. The machinery had broken down and after Arthur repaired it he went into

sawmilling for himself. He moved into the two-story house that had been built by his brother Horace. He said that his wife wanted to live in a two-story house because she had a girlfriend in Waukeenah who had lived in one. He recalls that times were hard before the United States entered World War I, but he continued sawmilling through that war and World War II when his sons took over completely.

All of his sons reflect their father's mechanical aptitude. His oldest son, Buddy is a well digger,

G.W. runs a garage in Crawfordville and Walter operates a sawmill. He has two other children, Hattie Louise Forbes of Crawfordville, and Jonnie Cornelia Gibson of Jasper.

The Wakulla County Historical Society Museum is in the Old Jail at 24 High Drive in Crawfordville. We are open to the public on Thursdays and Fridays, from 10 a.m. to 4 p.m., and on Saturdays from 10 a.m. until 2 p.m.

"DON'T BE TAKEN"

(Before I begin, let us first remember Matthew 13:34-35) All these things spake Jesus unto the multitude in parables; and without a parable spake He not unto them: That it might be fulfilled which was spoken by the prophet, saying, I will open my mouth in parables; I WILL UTTER THINGS WHICH HAVE BEEN KEPT SECRET FROM THE FOUNDATION OF THE WORLD.

And what shall be the sign of thy coming, the end of the world? Jesus answered, take heed let no man deceive, Be careful what you believe.

Many shall come in the name of a Christian, But stop, look and listen!

Wars and rumors are in the midst, and sorrows of this time, But be not troubled within this second sign.

And ye shall be hated of all nations for Christ name sake, False prophets shall arise, Watch out for the fake!

The love of many shall wax cold, because iniquity will abound, Stay diligent, till the seventh trumpet sound.

And all the gospel is preached, to be accounted for in all the world,

All sinners and every Saint, to the ones that will stand, And the ones that will faint.

When you SEE the abomination of desolation, stand in the holy place (Jerusalem) The sixth seal, sixth trump, sixth vial Has brought in the fake.(anti-christ)

Woe unto them! that are with child, and to them that give suck in those days,

Those whose spirit became pregnant with anti-christ, While the Bride groom was away.

But pray ye that your flight be not in the winter, Don't be the tare that was harvested out of season, The anti-christ comes first, and many will commit treason!

And except those days be shortened, there should NO FLESH be saved

You WILL go thru the tribulations And Not Raptured Away!

Study to know the times of Noah's day, the fallen angels, the wickedness

Before the flood came their way, so in the end, it Will be again As The Lord doth say.

Then shall two be in the field; the one shall be taken Deceived by satan!

The one left in the field; Working in God's will! Bringing others to the gospel, All the way until...

Watch therefore: for ye know not what hour your Lord doth come, In the hour of temptation, don't be deceived in your watching and waiting,

anti-christ comes first, Don't Be Taken!

(Ezekiel 13:20 I am against them that hunt the souls to teach them to fly)

(rapture doctrine originated in 1830 by a delusional and ILL Margaret Macdonald that had a night mare

who was of the cult group known as the Irvingites, this doctrine was never known from the beginning)

All glory given to the Real Jesus in keeping the path of old Tony Duncan

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vices you did not receive, and if you spot any, report them to the Inspector General's fraud hotline at 800-HHS-TIPS (800-447-8477). You can also get help from your local Senior Medicare Patrol.

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Brian can be reached at (850) 926-7487.

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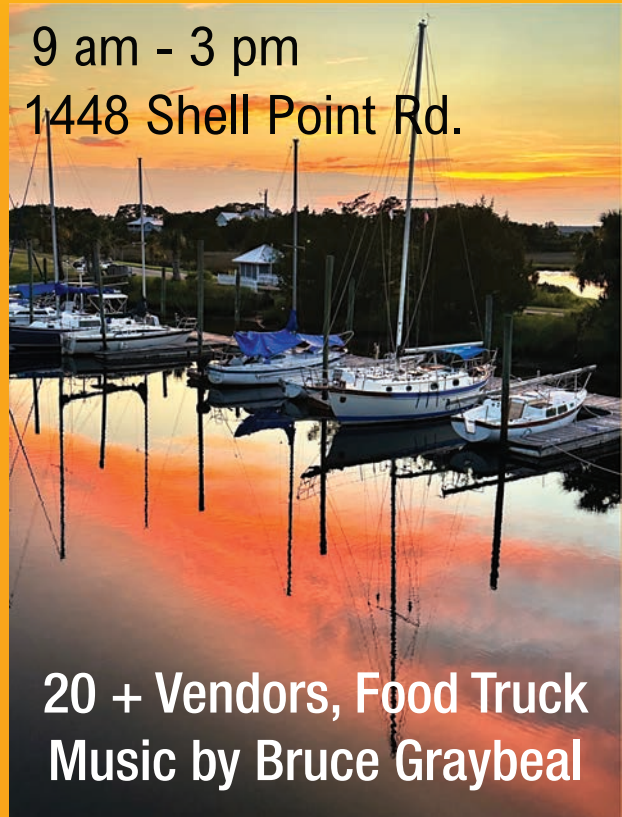
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